Adult Medical Emergencies: Seizures



Note Well:

This protocol applies to patients with unusually prolonged altered mental status after seizure activity, and patients with multiple or continuos seizure activity.

I. All Provider Levels

- 1. Refer to the Patient Care Protocol.
- 2. Provide 100% oxygen via NRB and the appropriate sized nasopharyngeal airway, if respiratory effort is inadequate assist ventilations utilizing BVM with 100% oxygen.
- 3. Protect patient from further injury. **Do Not Restrain**.
- 4. Obtain blood glucose level.



II. Advanced Life Support Providers

- 1. Attach EKG and interpret rhythm
- 2. Establish an IV of Normal Saline KVO or Saline lock.
- 3. If hypoglycemia (reading of <60 mg/dL) is present:
 - A. Administer 100 mg of Thiamine IVP.
 - B. Administer 25 gms of Dextrose 50% IVP.
 - C. Reassess patient. Repeat 25 gms of Dextrose 50% IVP if there is little or no change in mental status.
 - D. If unable to obtain IV access, administer 1.0 mg Glucagon IM. Reassess patient.



Note Well: If the patient is still experiencing seizure activity, proceed to Medical Control options

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III. Transport Decision

1. Transport to the closest appropriate open facility



IV. The Following Options are Available by Medical Control Only

- 1. Diazepam 2.0 5.0 mg slow IVP to a maximum of 10 mg
 - A. Reassess every 3 5 minutes after administration
- 2. Midazolam 1.0 2.0 mg IVP to a maximum of 5.0 mg.
- 3. Flumazenil, to a maximum dose of 2.0 mg for provider induced diazepam overdose



Note Well: If the patient becomes apneic assist ventilations utilizing BVM with 100% oxygen. If spontaneous respirations do not occur within 5 minutes initiate advanced airway management (ET or Combi-tube).

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